Launch. Excel. Anointed. Purpose.			
January 13 th	January 14 th	January 15 th	January 16 th
Pray for guidance.	Pray for a deeper	Pray for Obedience.	Pray for Excellence.
Proverbs 3:5&6	relationship with God.	Jeremiah 7:23	Colossians 3:23
Isaiah 58:11	James 4:8	Deuteronomy 11: 27&28	2 Corinthians 8:7
John 16:13	Psalm 64	, Psalm 34:9-10	2 Peter 1:3-4
	Galatians 5:16&17	WITI	
Juice and water only	Juice and water only from	Juice and water only 6 am	Juice and water only
from 6 am to noon.	6 am to noon.	to noon.	6 am to noon.
No sweets.	No sweets.	No sweets.	No sweets.
No fried foods.	No fried foods.	No fried foods.	No fried foods.
No bread.	No bread.	No bread.	No bread.
No strong drink.	No strong drink.	No strong drink.	No strong drink.
No Caffeine.	No Caf <mark>fe</mark> ine.	No Caffeine.	No Caffeine.
No secular music.	No s <mark>ecul</mark> ar musi <mark>c.</mark>	No secular music.	No secular music.
No social media from 9	No <mark>soci</mark> al medi <mark>a from 9 am</mark>	No social media from 9 am	No social media from
am – 6 pm	– 6 pm	– 6 pm	9 am – 6 pm
Limit television.	Limit television.	Limit television.	Limit television.
Pray and meditate daily.	Pray and meditate daily.	Pray and meditate daily.	Pray and meditate
			daily.
January 17 th	January 18 th	January 19 th	January 20 th
sandary 17	Surfacely 10	Sandary 15	
Pray for Spiritual	Pray against Spiritual	Pray for against Fear to	Pray for Purpose.
Renewal.	Warfare.	LEAP.	Jeremiah 29:11
			Psalm 57:2
Ephesians 4:22-24	Ephesians 6:10-12	Deuteronomy 31:6	Matthew 6:33
Romans 12:2	2 Thessalonians 3:3	I Timothy 1:7	I Corinthians 12:8-10
Psalm 51:10	1 Peter 5:8-9	Psalm 34:4-5	
Juice and water only	Juice and water only from	Juice and water only from	Juice and water only
from 6 am to noon.	6 am to noon.	6 am to noon.	from 6 am to noon.
No sweets.	No sweets.	No sweets.	No sweets.
No fried foods.	No fried foods.	No fried foods.	No fried foods.
No bread.	No bread.	No bread.	No bread.
No strong drink.	No strong drink.	No strong drink.	No strong drink.
No Caffeine.	No Caffeine.	No Caffeine.	No Caffeine.
No secular music.	No secular music.	No secular music.	No secular music.
No social media from 9	No social media from 9 am	No social media from 9 am	No social media from
am – 6 pm	– 6 pm	– 6 pm	9 am – 6 pm
Limit television.	Limit television.	Limit television.	Limit television.
Pray and meditate daily.	Pray and meditate daily.	Pray and meditate daily.	Pray and meditate daily.

Reignite the Fire Within Fast 2024 The year to L.E.A.P. Hebrews 11:1 Launch. Excel. Anointed. Purpose.